

2021 Spring Meeting & Pediatric Update



Alabama Chapter

INCORPORATED IN ALABAMA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



April 22-25, 2021

Sandestin Golf & Beach Resort ♦ Gulf

Join your colleagues at the gorgeous Sandestin Golf & Beach Resort in Destin, FL, where you can enjoy the beautiful grounds, Gulf of Mexico, refreshing Spring weather, and of course, superior education!

Agenda



Thursday, April 22

Exhibit Set-up	1:30 p.m. - 4:00 p.m.
Registration Desk Opens	5:00 p.m. - 6:30 p.m.
"Meet & Greet" Reception in the Exhibits	5:00 p.m. - 6:30 p.m.
Dinner on your own	

Friday, April 23

Registration Desk Open	7:00 a.m.
Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
"Update on SARS-CoV-2 Vaccines"/"Alabama Update on COVID-Vaccine Distribution"	
—Sean O'Leary, MD, FAAP & Scott Harris, MD	8:00 a.m. - 9:30 a.m.
"Impact of COVID-19 on Pediatric Patients: How Can Pediatricians Help?"	
—Sonja O'Leary, MD, FAAP	9:30 a.m. - 10:30 a.m.
Refreshment Break in the Exhibits	10:30 a.m. - 11:00 a.m.
"Evolving Treatment Paradigms in Sickle Cell Disease: What the Primary Care Provider Should Know"	
—Felicia Wilson, MD, FAAP	11:00 a.m. - 12:00 p.m.

Sponsored Luncheon Session (not part of our CME)
Gender Dysphoria in Pediatric Age Groups
Sponsored by Children's of Alabama 12:00 p.m. - 1:00 p.m.

Ice Cream & Cookies Social in the Exhibits 1:00 p.m. - 1:30 p.m.
 Exhibits open until 1:30 p.m.

Friday Afternoon

Grand Pediatric Pentathlon One-Mile Fun Walk/Run for Kids & Families 4:00 p.m.

Friday Evening

Dinner on your own

NOTE: Children allowed in exhibit hall only under parental supervision.

Saturday, April 24

Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
"Your Pediatric Practice Management Calendar"	
—Chip Hart	8:00 a.m. - 9:00 a.m.
"Impacting Child Death Review and Prevention Across Alabama, One Pediatrician at a Time"	
—Grant Allen, MD, FAAP & Kathy Monroe, MD, FAAP	9:00 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits	10:00 a.m. - 10:30 a.m.
Exhibit Breakdown	10:30 a.m. - 11:00 a.m.
"Abnormal Uterine Bleeding: Differential Diagnosis, Assessment and Treatment"	
—Nefertiti Durant, MD	10:30 a.m. - 11:30 a.m.

Sponsored Luncheon Session (separate CME)
Circle of Care Update TENTATIVE
—Sponsored by Blue Cross Blue Shield of Alabama 11:30 a.m. - 12:30 p.m.

Saturday Afternoon

Grand Pediatric Pentathlon activities continue
 Grand Pediatric Pentathlon "Sandcastle University" on the Beach for Kids & Families 2:00 p.m. - 3:00 p.m.

Saturday Evening

"Grand Pediatric Pentathlon"
 Check-in and Door Prize Giveaway 5:45 p.m. - 6:30 p.m.
 Dinner on the Terrace 6:30 p.m.

Sunday, April 25

Breakfast	7:30 a.m. - 8:00 a.m.
"Spinal Muscular Atrophy and the Pediatrician"	
—Bradley Troxler, MD	8:00 a.m. - 9:00 a.m.
"Hepatitis C in Children and Adolescents"	
—Rene Romero, MD, FAAP	9:00 a.m. - 10:00 a.m.
"Hacks to Improve Early Screening & Referral: Alabama Pediatricians Reveal Secrets"	
—Cason Benton, MD, FAAP, & Elizabeth Dawson, MD, FAAP	10:00 a.m. - 11:00 a.m.
"Top Ten Medical Liability Risks for the Pediatrician"	
—Karen Santucci, MD, FAAP	11:00 a.m. - 12:00 p.m.

Adjourn

2020 Spring Meeting & Pediatric Update

Registration

Please register early!

Please register below or **online (preferred) at www.alaap.org**, with secure credit card payment via Stripe (no account required).

First Name: _____ Last Name: _____
(As you would like it to appear on nametag)

Designation: ☐ MD ☐ DO ☐ RN ☐ CRNP ☐ NP ☐ PA ☐ Other Daytime Phone #: (_____) _____

Street Address: _____ City: _____ State: _____ Zip: _____

E-mail Address (required): _____ Spouse/Guest Name for Nametag: _____

Will you be attending/participating in the following sessions/events? Please pre-register:

♦ **Grand Pediatric Pentathlon** (Fri./Sat., at your leisure, donation of \$65/adult or \$50/child 12 & under to participate) ☐ Yes ☐ No

Enter shirt sizes here for each participant:

Adults: (S, M, L, XL) _____ Youth: (S, M, L) _____

♦ **Saturday Night Dinner** (6:30 p.m., included in registration; guests require additional fees) ☐ Yes ☐ No # in party _____

FEES† (Check One) (covers admittance for one person to all meals, including Saturday night reception & dinner)**

Chapter Members (Alabama or other AAP chapter) - <u>BEFORE April 1, 2021</u>	<input type="checkbox"/> \$395
Chapter Members (Alabama or other AAP chapter) - <u>AFTER April 1, 2021</u>	<input type="checkbox"/> \$455
Non-Chapter Member Physicians	<input type="checkbox"/> \$575
Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, PMA member or Nurse	<input type="checkbox"/> \$275
NP/PA Non-Member of AL-AAP, (includes National Affiliate AL-AAP membership, a \$40 savings!)	<input type="checkbox"/> \$350
Pediatric Resident/House Staff/Medical Student	<input type="checkbox"/> (waived, value of \$395)
Additional Tickets for Saturday night reception/dinner/dessert: _____ # of adult tickets @ \$70 each	\$ _____
_____ # of children's tickets @ \$20 each	\$ _____
Pediatric Pentathlon _____ # of adult participants @ \$65 donation each	\$ _____
Pediatric Pentathlon _____ # of child (12 and under) participants @ \$50 donation each	\$ _____
Will you add a tax-deductible donation to Reach Out and Read-Alabama? If so, enter amount	\$ _____
TOTAL	\$ _____

☐ Check enclosed (made payable to Alabama Chapter-AAP)

☐ Charge my credit card (circle one): VISA MC AMEX DISC Card # _____

Expiration Date: ____/____/____ Name on Card: _____

** Full refund for cancellations until April 15, 2021 at 5 p.m. A \$35 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after April 15.

† \$10 of the registration fee supports the Mike Warren Challenge for the Alabama Child Health Improvement Alliance, which has made tremendous strides for child health by making practice-based improvements. This donation allows the program to continue to help practices reliably deliver care and foster a culture of quality improvement and will be matched by Children's of Alabama.

Child Care Options:

To arrange in-room babysitting services, please call Nanny's Care directly at (251) 986-8200. (Website: <https://nannyscareal.wixsite.com/nannys-care>). You can also use sitter search sites, including care.com and sittercity.com.

**Make check payable to: Alabama Chapter-AAP. Mail form and payment by 4/1/21 to:
Jill Powell, Alabama Chapter-AAP, 19 S. Jackson St., Montgomery, AL 36104**

Faculty

Grant Allen, MD, FAAP, Pediatrician, Infants' & Children's Clinic, Florence, AL

Kathy Monroe, MD, FAAP, Professor of Pediatrics, University of Alabama School of Medicine, Department of Pediatrics, Emergency Medicine, Children's of Alabama, Birmingham, AL

♦ **Impacting Child Death Review and Prevention Across Alabama, One Pediatrician at a Time**

Cason Benton, MD, FAAP, Associate Professor of Pediatrics, Division of General Pediatrics, University of Alabama at Birmingham, Birmingham, AL

Elizabeth Dawson, MD, FAAP, Pediatrician, Charles Henderson Child Health Clinic, Troy, AL

♦ **Hacks to Improve Early Screening & Referral: Alabama Pediatricians Reveal Secrets**

Nefertiti Durant, MD, FAAP, Associate Professor, Division of General Pediatrics & Adolescent Medicine, Division of Preventive Medicine, University of Alabama at Birmingham, Birmingham, AL

♦ **Abnormal Uterine Bleeding: Differential Diagnosis, Assessment and Treatment**

Scott Harris, MD, State Health Officer, Alabama Department of Public Health, Montgomery, AL

♦ **Alabama Update on COVID-Vaccine Distribution**

Chip Hart, Director, PCC Pediatric Solutions Consulting Group, Winoo-ski, VT

♦ **Your Practice Management Calendar**

Sean O'Leary, MD, FAAP, Professor of Pediatrics, Position Sections of Pediatric Infectious Diseases and General Academic Pediatrics, Children's Hospital Colorado, University of Colorado Anschutz Medical Campus, School of Medicine, Denver, CO

♦ **Update on SARS-CoV-2 Vaccines**

Sonja O'Leary, MD, FAAP, Assistant Professor Department of Pediatrics, University of Colorado, Health Sciences Center, Medical Director, Denver Health School-Based Health Centers, Department of Pediatrics, Denver Health, Denver, CO

♦ **COVID-19 Impacts on Pediatric Patients: How Can Pediatricians Help?**

René Romero, MD, Professor of Pediatrics, (CT), Emory University School of Medicine, Department of Pediatrics, Division of Pediatric Gastroenterology, Hepatology and Nutrition, Atlanta, GA

♦ **Hepatitis C in Children and Adolescents**

Karen Santucci, MD, Professor of Pediatrics, Yale University School of Medicine, Professor of Emergency Medicine, Secondary Appointment, Yale University School of Medicine, Greenwich Hospital, Greenwich, CT

♦ **Top Ten Medical Liability Risks for the Pediatrician**

Bradley Troxler, MD, Associate Professor, Pediatric Pulmonary and Sleep Medicine, University of Alabama at Birmingham, Birmingham, AL

♦ **Spinal Muscular Atrophy and the Pediatrician**

Felicia Wilson, MD, FAAP, Professor of Pediatrics, Department of Pediatrics, Division of Hematology/Oncology, University of South Alabama College of Medicine, Mobile, AL

♦ **Evolving Treatment Paradigms in Sickle Cell Disease: What the Primary Care Provider Should Know**

Register Now! Hotel Deadline is March 26!
Registration Packet
Spring Meeting



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™

Alabama Chapter

19 S. Jackson St.

Montgomery, AL 36104

Topics & Objectives

Upon completion of this live activity, participants will be able to:

Update on SARS-CoV-2 Vaccines/Alabama

- ◆ Describe the current COVID-19 vaccine candidates and their mechanisms of action
- ◆ Explain the process of licensure and approval
- ◆ Describe the safety monitoring systems that are in place to ensure safety of COVID-19 vaccines
- ◆ Discuss the reasoning behind the current plans for allocation of COVID-19 vaccines

Alabama Update on COVID-Vaccine Distribution

- ◆ List COVID vaccination numbers in Alabama, including allocations and number of doses administered
- ◆ Cite the current prevalence of COVID in Alabama
- ◆ Discuss the known effects of vaccination on the pandemic

Impact of COVID-19 on Pediatric Patients: How Can Pediatricians Help?

- ◆ Discuss the main challenges children have faced secondary to the COVID-19 pandemic by age group, including incidence of child abuse and worsening youth mental health
- ◆ Cite data sources that pediatricians can use for information specific to their practice
- ◆ Discuss how COVID has affected student learning, including the impact on virtual learning on youth
- ◆ Discuss the role of the pediatrician to address and help families navigate these challenges

Evolving Treatment Paradigms in Sickle Cell Disease: What the Primary Care Provider Should Know

- ◆ Discuss the pathophysiological processes that lead to clinical manifestations and also serve as targets for emerging therapies
- ◆ Describe strategies for health maintenance utilizing current standards of care for screening and laboratory tests to assess disease severity and progression
- ◆ Employ evidence-based management of acute and chronic complications
- ◆ Review disease-modifying therapies as well as curative therapies to optimize quality of life

Your Pediatric Practice Management Calendar

- ◆ Recognize important practice management behaviors specific to pediatrics that are often delayed, ignored, or hidden from view
- ◆ Identify and prioritize commonly overlooked pediatric practice management tasks to complete
- ◆ Develop a weekly/monthly/quarterly/annual schedule of tasks required to run a pediatric practice in a safe and efficient manner

Impacting Child Death Review and Prevention Across Alabama, One Pediatrician at a Time

- ◆ Summarize the process for child death review in Alabama
- ◆ Discuss how to provide pediatric expertise in the child death review process in their community

Abnormal Uterine Bleeding: Differential Diagnosis, Assessment and Treatment

- ◆ Review the differential diagnosis of abnormal uterine bleeding in adolescent girls
- ◆ Review the work up of abnormal uterine bleeding in adolescent girls
- ◆ Review the treatment of abnormal uterine bleeding in adolescent girls

Spinal Muscular Atrophy and the Pediatrician

- ◆ Discuss the types and presentation of spinal muscular atrophy in general pediatric practice
- ◆ Describe the genetic basis of SMA and the impact of the genetics on current generation therapies
- ◆ Highlight the novel therapies that have been developed for the treatment of SMA in the past five years

Hepatitis C in Children and Adolescents

- ◆ Recognize the current epidemiology of HCV infection in the US and globally
- ◆ Describe the natural history of HCV infection in children and adolescents
- ◆ State the appropriate evaluation for HCV infection in children and adolescents
- ◆ Recognize how understanding the virology of HCV has led to the development of effective therapies
- ◆ Translate to patients the current approved therapies of HCV infection in children and adolescents, and properly monitor treatment to achieve goals of therapy

Hacks to Improve Early Screening & Referral: Alabama Pediatricians Reveal Secrets

- ◆ Examine techniques to increase the reliability of the screening and follow up in the areas of development, autism, social-emotional concerns and postpartum depression
- ◆ Discuss shared decision-making for effective ways to engage parents and caregivers in the referral process, especially while navigating the pandemic
- ◆ Employ 'real-world' practice examples to make key practice changes and achieve measurable improvements in increasing the frequency and quality of early screening
- ◆ Describe better ways of tracking referrals for services

Top Ten Medical Liability Risks for the Pediatrician

- ◆ Identify areas of high liability risk exposure in pediatric practice
- ◆ Recognize commonly held, but incorrect beliefs contributing to liability risk
- ◆ Demonstrate strategies to minimize liability caused by these myths





Important Note

This year's meeting will be held at
Sandestin Golf & Beach Resort in Destin, FL!

Important Deadlines: Hotel reservation deadline is **March 26**. Early bird meeting registration deadline is **April 1**.

Hotel Reservations: A block of rooms is being held for our group at The Lodge at Gulf State Park at special rates (base rate of \$199) until Wednesday, March 26, 2020. After that date, we cannot guarantee availability of rooms at our group rate. Reservations can be made with this link:

<http://group.hilton.com/alchapteramericanacademypediatrics> (please note, the entire URL must be copied and pasted for it to work properly) or by calling 1.800.618.4350 - **be sure to use group code ALAAP**.

CME Accreditation: Children's of Alabama designates this live activity for a maximum of **10.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of Children's of Alabama and the Alabama Chapter of the AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Presentation Handouts: Per its "green" policy, the Chapter will distribute electronic versions of the speakers' PowerPoint handouts. CDs of handouts will be provided at the meeting and as links via email two weeks prior. Participants can pre-print handouts from the site, or, if they choose, bring their laptops to the sessions.

Hotel Check-In & Parking: Check-in is available starting at 4 p.m. There are nightly fees of \$10 for valet parking and \$5 for self-parking. Visit The Lodge's website at <https://lodgeatgulfstatepark.com/> for more information.

Dress: Dress for all activities is "resort casual." **Room temperatures can vary, so please bring a sweater or wrap.**

Child Care: To arrange in-room babysitting services, please call Nanny's Care directly at (251) 986-8200. (Website: <https://nannyscareal.wixsite.com/nannys-care>). You can also use sitter search sites, including care.com and sittercity.com.

Join Your Colleagues for Our Special Events:

♦ "Meet and Greet" Reception in the Exhibits—Thursday ♦ 5 p.m. - 6:30 p.m.

♦ Seventh Annual "Grand Pediatric Pentathlon" *benefitting Reach Out and Read-Alabama*

Grab your family members and join fellow pediatricians from around the state in this five-event activity--and take advantage of all the beautiful property has to offer while raising funds for Reach Out and Read! The events are running/walking (one mile), biking (30 minutes), kayaking (30 minutes), swimming (one hour) and reading for fun (one hour). Participate in each event at any time at your leisure; see schedule for specific activities, including a walk/run on Friday afternoon and Sandcastle University on Saturday afternoon! Your \$65 donation (\$50 for children 12 and under) gets you an event shirt and eligibility for prizes! Sign up on the registration form.



♦ "Grand Pediatric Pentathlon" Check-in, Door Prize Giveaway & Mixer —Saturday ♦ 5:45 p.m. - 6:30 p.m.

Join your colleagues for a mixer on the terrace before dinner as we check in Pentathlon participants and give away door prizes! Sign up on registration form.

♦ Dinner on the Terrace—Saturday ♦ 6:30 p.m. - 8:30 p.m.

Enjoy a fun, family dinner with live music on the terrace overlooking the Gulf of Mexico!